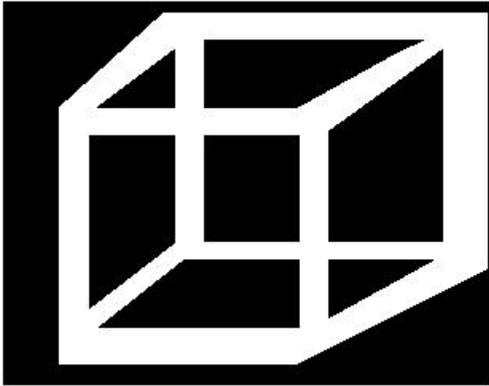


Paradoxical Cube & Mind Control



Position I: Black Pieces

- Confusion
- Problem
- Purposeless
- Fear & Panic

Position II: Geometric shapes

- Reality
- Pragmatism
- Dreamless
- Boring?

Position III: Cube

- Sense
- Opportunity
- Purpose
- Dream
- Romanticism

At any given time only one position is possible

Mental Position 1 – Black Pieces: The picture above looks like disorderly arranged pieces at the first glance. No sense can be made out of this perception. It can look like a confused jumble or a problem or pieces strewn with no purpose. Similarly, a difficult situation facing us at first glance if taken in this position 1 of mind may induce confusion or anxiety **leading to stress**. If the event is life threatening it might cause fear and panic.

Mental Position 2 – Geometric pieces: The picture may also appear like a collection of geometric pieces. Viewing the picture this way will give the sense of reality and unemotional position of mind akin to the event that they face in life with the matter-of-fact approach. There would not be any emotional upheaval and ensuing action would be dependable if not enthusiastic. This pragmatic position of mind would probably be a minimum state of achievement required, if not ideal.

Mental Position 3 – Cube: In a particular state of mind the picture can appear like a cube. The shape of the cube may jump at you as you observe it depending on how you chose to see the picture (Fred Allen Wolf, *Mind into matter*,

Publisher-Master Mind Books, India, page 53-54). This view requires imagination, involves "mind's eye" and needs mental correlation of different centres in the brain. In its extreme "popping up of cube" can be exemplified by a poet as exotic experience. Faced with the day-to-day problems in the least or to the terrifying events of life, one can immediately view these events as time for action or an opportunity to turn to advantage or an event that has come about to fulfil a purpose. It could be the basis and way of dream for higher achievements of life. Romanticism obviously stems from this approach.

Now where does the question of mind control come from? How you see the illustration, depends on how you chose to see it. And you can't see it three ways at the same time. You either see chaotic collection of black pieces or see it as collection of geometric shapes or it can pop out like a cube, but not simultaneously. Mind, stays either in one of the positions or it flip-flops among the three positions. If it stays in one position longer than in others, over a period of time, then that would be the common immediate reaction of the mind to any given situation, since mind is the "creature of habit", Therefore, tending the mind to dwell more often in either the position 2 / position 3 makes the mind to react reflexively more towards confidence and less towards fear. This is of course reaction by perception - does one perceive any given event as confusing or as realistic or better as opportunistic /time for action? In short, initially fake the position 2/ 3 to make habit of this perception finally.

Subconscious mind plays a significant role in ones achievements and health. Taking a position 2 / 3 would be like creating an expressway between the mind and the subconscious level. It streamlines the entire body's bionetwork system to the optimum level of function.